

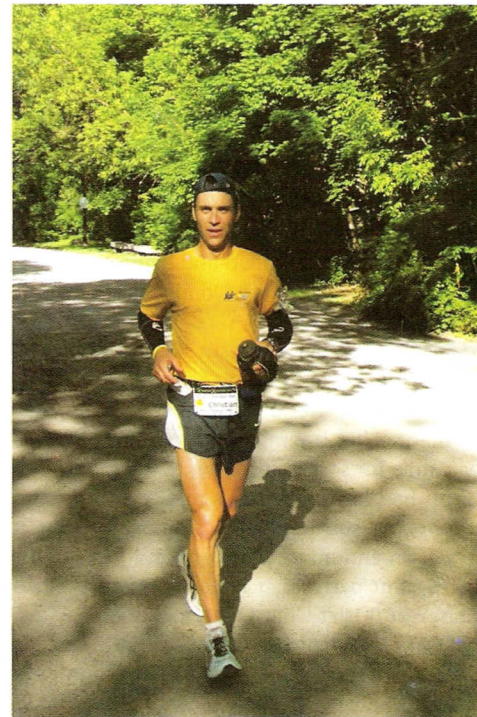
QUEST GETS COMPETITIVE

by Markus Wiaderek, co-RD

At 12:00 a.m., ten runners started the 100-km endurance challenge on the plateau of Mount Royal in Montreal, Canada. In previous years, this race was handled as a "fat ass" run with finishing times well into 11 hours. This year proved to be different. From the start, a three-runner lead group set a blistering pace and established a big gap ahead of the rest of the runners. One of the men in the lead pack - 2008 100-km winner, Christian Taylor - reached the halfway point within 4:20. Racing hard over the final six kilometers - a gruesome, heart-wrenching vertical climb - Christian crossed to victory in 9:07:28, over two hours faster than his 2008 time. The winner in the women's division was once again Barbara Freedman.

New for the 2009 event was the 50-mile distance. Only three runners took advantage of this option, starting at 3:00 in the morning at the beginning of Lachine Canal in downtown Montreal. The first 32 km went along the canal and the beautiful lakeshore towards Pointe Claire. Along with the scenic Montreal route, the temperatures in the mid-50s made the night-running portion a runner's dream. The 50-mile runners had to be at the 32-km turnaround point within three hours in order to join the 50-km starters at 6:00 a.m.

The 50-km race was dominated by Yoan Paquet and Veronique Chamberland, who teamed up early in the event and finished strong to garner one of the handcrafted trophies. ■



MARKUS WIADEREK

Christian Taylor set a blistering pace for the 100K win



The Mont Royal 100K Trophy Rock

MONT ROYAL SUMMIT QUEST MONTREAL, QUEBEC JUNE 13 | ROADS

100 KM

1. Christian Taylor, 37	9:07:28
2. Nestor Lewyckyj, 47	10:00:57
3. Gilles Gosselin, 48	10:02:57
4. Barry Bourgeois, 46	11:17:24
5. Bruno St. Pierre, 39	11:18:13
6. <u>Barabra Freedman</u> , 57	13:29:47
7. Richard Lulin, 61	17:54:29

50 MILES

1. Glen Cowan, 34	8:24:50
2. <u>Susan Magher</u> , 61	9:48:00
<u>Christine Lallier</u> , 38	9:48:00

50 KM

1. <u>Veronique Chamberland</u> , 25	5:30:58
Yoan Paquet, 38	5:30:58
3. Tony Blunt, 42	5:52:58
Sacha Veillette, 40	5:52:58
5. Uwe Corvers, 40	6:22:35
6. Matthieu Paille, 32	6:31:40
7. <u>Argi Papagiannaki</u> , 29	7:03:48

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